

August 2021

Hello SCAN members!

In July, we congregated in Pickens County to explore Nine Times Preserve and Nine Times Forest. The day started off rainy, with temperatures in the low 80ies. The rain slacked off before we started hiking, but the humidity remained very high and the day stayed quite muggy. Smoke from wildfires out west was visible as a haze on the horizon.



Attendees included:

- Adam Bailey Barbara Foster Becky Brown Bill Wedding Caroline Eastman Claudia Stratmann
- Eric Schaub Hugh Martin Johannes Stratmann Kevin Curtis Lee Morris Linda Curtis
- Marcie Wedding Mary Garland Douglass Philoma Skipper Rita Zollinger Ron Lance
- Shannon Edwards Stuart Greeter Terri Martin Todd Beasley Todd Johnston Tom Jones

We met in one of several parking lots in the area. Western Regional Director Lee Morris provided an overview of the two natural areas, explaining how the Nature Conservancy and Naturaland Trust work together to maintain the trails that wind through the properties. The characteristics of several trails were discussed, with several members contributing comments about their personal experiences on the trails. The group divided up, with some folks heading to higher elevations and the promise of sweeping vistas. Others chose the Trillium Trail that follows Eastatoee Creek and looked promising for a good bird list. My group chose to explore the Cedar Rock and Appalachian Lumber Trails.

Starting from the parking area at the intersection of E. Preston McDaniel Road and 9 Times Creek Road, we started up a slightly steep trail, stopping often to photograph the flowers and bugs we discovered along the way. Yellow flowers of assorted varieties lined the route. Yellow jackets were plentiful, but thankfully nonaggressive.



L to R: Sunflower, exploring Cedar Rock Trail, Virginia Flower Fly

As we made our way up the trail, the vegetation slowly changed. We finally reached a section with several granite outcrops. These sported mats of moss, cactus, junipers and other plants not seen along the trail. We enjoyed the view for a few minutes, then voted that eating lunch in the shade was a better idea than staying out on the rock.



L to R: Prickly Pear Cactus, Western Honey Bee, pine tree, yucca



L to R: Bee Assassin, overlook, the lunch crew

After lunch, some folks headed back down the trail while the rest of us pushed onward. We wound our way back down towards E. Preston McDaniel Road, passing through hardwoods and walking along the edges of small valleys. As we reached the road, water features became more evident, with small creeks burbling along over the rocks. Various species of ferns lined the trail.

We crossed the road and followed the Appalachian Lumber Trail. The first section crossed Nine Times Creek in several places. Eventually, we left the water behind and enjoyed a nice stroll along a mostly flat trail to wrap up our day.

In August, we'll be exploring Congaree Creek Heritage Preserve and 12,000 Year History Park in Lexington County. Join us for a day full of history and nature.

Kím McManus

Congaree Creek Heritage Preserve and 12,000 Year History Park

Meet in the Congaree Creek Heritage Preserve parking lot at Old State Road, Cayce, Lexington County, SC 29033 – GPS Coordinates: 33.9427, -81.0325 Saturday, August 28, 2021, 10:30 AM to 4:30 PM

Congaree Creek Heritage Preserve

Bountiful wildlife, sunlit dappled forest paths and 12,000 years of history and pre-history are tucked away in a pristine setting at Congaree Creek Heritage Preserve, just a stone's throw from downtown Columbia city lights. The 627-acre preserve, owned and managed by the S.C. Department of Natural Resources, borders the Congaree River and Cayce, South Carolina. There are <u>NO RESTROOMS</u> in the heritage preserve; just the always available "green latrine."

Archaeologists have found tools, pottery sherds, arrowheads, and other evidence that people have lived in and around the preserve for nearly 12,000 years. A nearby road that runs through part of the preserve is part of the Old Cherokee Trail which led from the Appalachian Mountains to the coast. Projectile points found in the area indicate it was a Native American gathering place about 10,000 to 12,000 years ago. From a dig on adjacent property owned by SCE&G, there is evidence of people living there 2,500 years ago, as well as a home site from the 1760s.

Guignard Brickworks excavated clay from the property from 1911 to 1944 with peak production during World War I. The remains of the pits where clay was quarried can be found along the preserve's Guignard Brickworks Trail. Hikers can walk an easy 3.25-mile trail loop in about 2 hours and view ponds (which are the long, water filled trenches where clay was previously excavated) that now flourish with duckweed and lily pads and teem with wildlife, (including an occasional, elusive alligator). Seven bridges and one bench recently were added to the trail. The area is also home to a variety of snakes, turtles, bobcats, deer, hogs, hawks, waterfowl, other birds and more than 30 species of amphibians. At one time, this 70-year-old hardwood forest was farmlands.

The White House designated the Guignard Brickworks Trail, which runs through part of the preserve, a Community Millennium Trail. This trail, as do dozens of Millennium Trails throughout the nation, reflects community history through natural settings. DNR plans to develop miles of walking and canoe trails through the property, as well as interpretive areas and benches along the way.

12,000 Year History Park (Timmerman Trail)

The 12,000 Year History Park on Congaree Creek in Cayce, South Carolina is a unique, stunningly beautiful 350acre site full of natural resources and beauty. Within just one square mile, there is proof of 12,000 years of habitation including Civil War and Revolutionary War history. In addition, there are at least 12 archaeologicalsignificant sites on the property. The diversity of cultural and historical richness at the 12,000 Year History Park is significant and unique throughout our local and regional areas as well as the State of South Carolina.

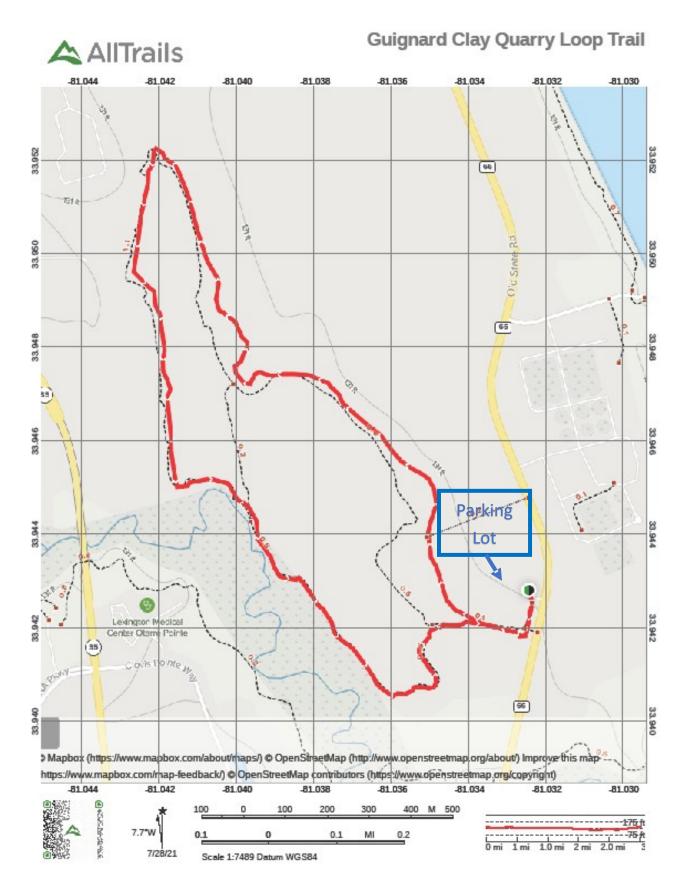
The approximately 2 miles of pathways are paved and wind through the park, crossing Congaree Creek a couple of times. iNaturalist has posted a list of 321 observed species of flora and fauna so there should be plenty for everyone to see. There are <u>NO RESTROOMS</u> in the history park proper; **facilities are available** in the Cayce Tennis and Fitness Center (located at 1120 Fort Congaree Trail), but it is some distance from the hiking trail(s).

Congaree Creek Heritage Preserve Map (DNR)



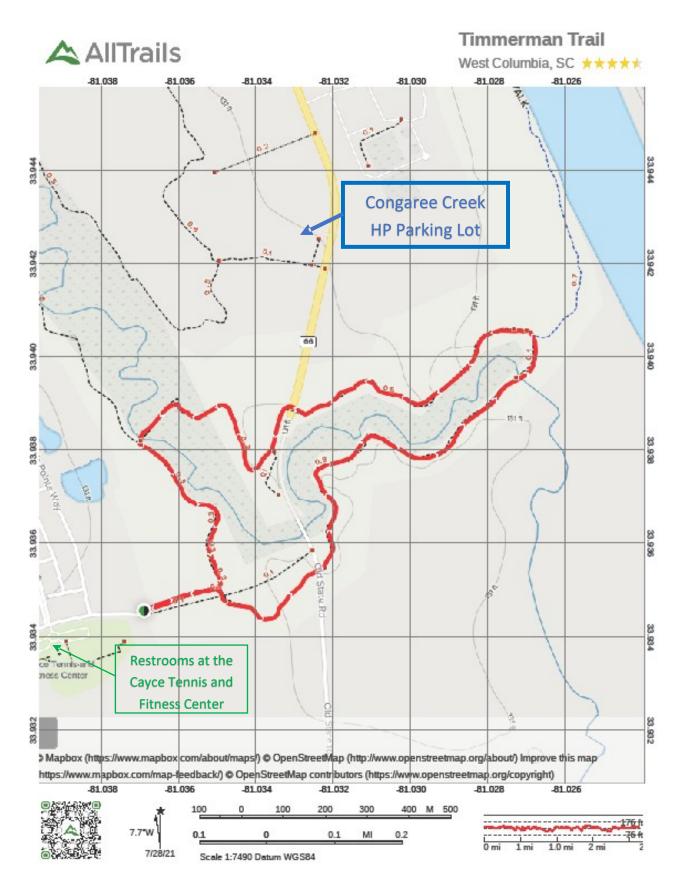
<u>Congaree Creek Heritage Preserve Map (AllTrails)</u>

(red outline is path hiked by AllTrails member)



12,000 Year History Park / Timmerman Trail Map (AllTrails)

(red outline is path hiked by AllTrails member)



Directions to: Congaree Creek Heritage Preserve, Old State Road, Cayce, SC

Parking Lot GPS Coordinates: Latitude 33.9427, Longitude -81.0325

Take I-77 to exit #2, for Cayce and West Columbia, and go north on the 12th Street Extension for approximately 2 miles, then turn right onto Godley Street. Follow this road for about 1/3 mile to where it ends in a "T", then turn right onto New State Road. After about 1/2 mile where the road splits, take the right fork onto Old State Road. Go past the water treatment plant and the heritage preserve parking lot will be on the right, just before the pavement ends.

Access to the 12,000 Year History Park (Timmerman Trail) loop is a short (approximately 1/4 mile) <u>walk only</u> from the Congaree Creek Heritage Preserve parking lot. Exit the heritage preserve parking lot onto Old State Road and turn right (south). Follow the dirt road until it crosses the paved hiking path. This is a loop trail so you can go either left (east) toward the Congaree River in a clockwise loop or right (west) in a counterclockwise loop. The loop trail path will cross Old State Road again farther south and, if desired, Old State Road can be used to return directly to the Congaree Creek Heritage Preserve parking lot by walking north on Old State Road (instead of taking the complete loop trail).

Dinner:

One of our members suggested the South Congaree House of Pizza as a good choice for those who wish to eat after the outing. The restaurant is about 20 minutes away from the heritage preserve and, as do all House of Pizzas, has a varied menu.

South Congaree House of Pizza & Family Restaurant 714 Main St West Columbia, SC 29170 GPS Coordinates: 33.9141, -81.1338 PH: 803-755-7790 Website (for those who want to view the menu): <u>www.southcongareeehouseofpizza.com</u>

Contact:

Dave Kastner

Central Regional Director

Nine Times Preserve Pickens Co., SC July 24, 2021

FLORA

Haircap Moss Polytrichum sp. Windswept Broom Moss Dicranum scoparium **Common Ground-pine** Dendrolycopodium obscurum **Twisted-hair Spikemoss** Bryodesma tortipilum **Rattlesnake Fern** Botrypus virginianus **Cinnamon Fern** Osmundastrum cinnamomeum Northern Maidenhair Fern Adiantum pedatum Bracken Pteridium aquilinum **Ebony Spleenwort** Asplenium platyneuron **Sensitive Fern** Onoclea sensibilis **Netted Chain Fern** Lorinseria areolata Southern Lady Fern Athyrium asplenioides Mariana Maiden Fern Macrothelypteris torresiana **New York Fern** Parathelypteris noveboracensis **Broad Beech Fern** Phegopteris hexagonoptera **Marginal Wood-fern** Dryopteris marginalis **Christmas Fern** Polystichum acrostichoides **Resurrection Fern** Pleopeltis michauxiana **Shortleaf Pine** Pinus echinata **Table Mountain Pine** Pinus pungens **Eastern White Pine** Pinus strobus **Loblolly Pine** Pinus taeda Virginia Pine Pinus virginiana Eastern Hemlock Tsuga canadensis

Eastern Red Cedar Juniperus virginiana Virginia Snakeroot Endodeca serpentaria Little Brown Jug Hexastylis arifolia **Tulip-tree** Liriodendron tulipifera Cucumber-tree Magnolia acuminata Fraser Magnolia Magnolia fraseri **Common Pawpaw** Asimina triloba Sweet-shrub Calycanthus floridus Spicebush Lindera benzoin Sassafras Sassafras albidum Jack-in-the-pulpit Arisaema triphyllum **Common Wild Yam** Dioscorea villosa Vasey Trillium Trillium vaseyi Devil's-bit Chamaelirium luteum **Perfoliate Bellwort** Uvularia perfoliata **Biltmore Carrionflower** Smilax biltmoreana Whiteleaf Greenbrier Smilax glauca **Common Greenbrier** Smilax rotundifolia Pink Lady's-slipper Cypripedium acaule **Downy Rattlesnake-orchid** Goodyera pubescens **Small Green Wood Orchid** Platanthera clavellata **Cranefly Orchid** Tipularia discolor **Dwarf Crested Iris** Iris cristata **Upland Dwarf Iris** Iris verna smalliana Solomon's-seal Polygonatum biflorum **Curlyleaf Yucca** Yucca filamentosa Davflower Commelina erecta **Erect Davflower** Commelina erecta erecta

Tall Nutrush Scleria triglomerata **Big Bluestem** Andropogon gerardi **Old-field Broomstraw** Andropogon virginicus Hill Cane Arundinaria appalachiana **Common Hairgrass** * Avenella flexuosa **Common Shorthusk** Brachyelytrum erectum **River Oats** Chasmanthium latifolium **Longleaf Spikegrass** Chasmanthium sessiliflorum **Beaked Panic Grass** Coleataenia anceps **Japanese Stilt-grass** Microstegium vimineum Redtop Tridens flavus Bloodroot Sanguinaria canadensis May-apple Podophyllum peltatum **Common Black-cohosh** Actaea racemosa **Tall Anemone** Anemone virginiana virginiana **Sharp-lobed Hepatica** Hepatica acutiloba **Rue-anemone** Thalictrum thalictroides Yellowroot Xanthorhiza simplicissima **Sycamore** Platanus occidentalis Sweet Gum Liquidambar styraciflua Large Witch-alder Fothergilla major Witch-hazel Hamamelis virginiana **Cliff Saxifrage** Micranthes petiolaris petiolaris Muscadine Muscadinia rotundifolia rotundifolia **Summer Grape** Vitis aestivalis aestivalis Virginia-creeper Parthenocissus quinquefolia Hog-peanut Amphicarpaea bracteata **Canada Milkvetch** * Astragalus canadensis canadensis **Creamy Wild Indigo** Baptisia bracteata **Roundleaf Tick-trefoil** Desmodium rotundifolium **Naked Tick-trefoil** Hylodesmum nudiflorum **Bicolor Lespedeza** Lespedeza bicolor **Eastern Sensitive-briar** Mimosa microphylla Kudzu Pueraria montana lobata **Black Locust** Robinia pseudoacacia **Pencil-flower** Stylosanthes biflora Virginia Goat's-rue Tephrosia virginiana **Appalachian Golden-banner** Thermopsis mollis **Appalachian Milkwort** Polygala curtissii Low Agrimony Agrimonia microcarpa **Downy Serviceberry** Amelanchier arborea **Sunny Hawthorn** * Crataegus aprica Little Red Hawthorn * Crataegus intricata rubella **Mountain Indian-physic** Gillenia trifoliata **Running Five-fingers** Potentilla canadensis **Eastern Wild Black Cherry** Prunus serotina serotina **Allegheny Blackberry** * Rubus allegheniensis **Common Dewberry** Rubus flagellaris **Oriental Silverleaf** Elaeagnus umbellata **New Jersev Tea** Ceanothus americanus **Carolina Buckthorn** Frangula caroliniana **Slippery Elm** Ulmus rubra **Red Mulberry** Morus rubra **False-nettle** Boehmeria cylindrica Wood-nettle Laportea canadensis **Common Chinquapin** Castanea pumila **American Beech** Fagus grandifolia White Oak Quercus alba **Scarlet Oak** Quercus coccinea

Southern Red Oak Quercus falcata **Blackjack Oak** Quercus marilandica marilandica **Rock Chestnut Oak Quercus** montana Water Oak Quercus nigra Red Oak Quercus rubra Post Oak Quercus stellata **Black Oak** Quercus velutina **Bush's Oak** * Quercus x bushii **Demare's Oak** * Quercus x demareei **Pignut Hickory** Carva glabra **Sand Hickory** Carya pallida **Mockernut Hickory** Carya tomentosa **Black Walnut** Juglans nigra **Tag Alder** Alnus serrulata **Beaked Hazelnut** Corvlus cornuta cornuta Hearts-a-burstin'-with-love Euonymus americanus Pineweed Hypericum gentianoides St. Andrew's Cross Hypericum hypericoides **Dwarf St.-John's-wort** Hypericum mutilum Low St.-John's-wort Hypericum stragulum **Tall White Violet** Viola canadensis Halberd-leaf Violet Viola hastata **Common Blue Violet** Viola sororia Walter's Violet Viola walteri **Yellow Passionflower** Passiflora lutea **Outcrop Rushfoil** Croton willdenowii **Eastern Flowering Spurge** Euphorbia corollata Southeastern Flowering Spurge Euphorbia pubentissima **Bicknell's Yellow Flax** * Linum intercursum Wild Geranium Geranium maculatum

Alternate-leaved Seedbox Ludwigia alternifolia **Meadow-beauty** Rhexia mariana Winged Sumac Rhus copallinum **Smooth Sumac** Rhus glabra **Poison Oak** Toxicodendron pubescens **Eastern Poison Ivy** Toxicodendron radicans radicans **Eastern Red Maple** Acer rubrum rubrum **Painted Buckeye** Aesculus sylvatica **Appalachian Sandwort** Mononeuria glabra **Common Pokeweed** Phytolacca americana **Appalachian Rock-pink** Phemeranthus teretifolius Prickly-pear Opuntia mesacantha mesacantha Blackgum Nyssa sylvatica **Smooth Hydrangea** Hydrangea arborescens **Climbing Hydrangea** Hydrangea barbara **Flowering Dogwood** Benthamidia florida **Alternate-leaf Dogwood** Swida alternifolia Spotted Touch-me-not Impatiens capensis **Carolina** Phlox Phlox carolina **American Persimmon** Diospyros virginiana Lanceleaf Loosestrife Steironema lanceolatum Sweetleaf Symplocos tinctoria Galax Galax urceolata **Common Silverbell** Halesia tetraptera Pipsissewa Chimaphila maculata **Trailing Arbutus** Epigaea repens **Black Huckleberry** Gaylussacia baccata **Appalachian Red Pinesap** Hypopitys lanuginosa **Mountain Laurel** Kalmia latifolia **Mountain Doghobble** Leucothoe fontanesiana **Indian Pipes** Monotropa uniflora

Sourwood Oxydendrum arboreum **Flame Azalea** Rhododendron calendulaceum White Rosebay Rhododendron maximum **Gorge Rhododendron** Rhododendron minus Sparkleberry Vaccinium arboreum **Elliott's Blueberry** Vaccinium elliottii **Hillside Blueberry** Vaccinium pallidum Large Buttonweed Diodia virginiana Wideleaf Bedstraw Galium latifolium **Ouaker Ladies** Houstonia caerulea **Longleaf Bluet** Houstonia longifolia **Summer Bluet** Houstonia purpurea Partridge-berry Mitchella repens **Clasping Milkweed** Asclepias amplexicaulis Butterfly-weed Asclepias tuberosa Southern Hound's-tongue Andersonglossum virginianum **Field Bindweed** * Convolvulus arvensis **Catesby's Bindweed** Convolvulus catesbyanus Wild Sweet Potato Ipomoea pandurata **Carolina Horse-nettle** Solanum carolinense carolinense **Fringe-tree** Chionanthus virginicus White Ash Fraxinus americana **Broad-leaved Plantain** Plantago rugelii Woolly Mullein Verbascum thapsus thapsus **Flatrock Pimpernel** Lindernia monticola **Cross-vine** Bignonia capreolata **Trumpet-creeper** *Campsis radicans* White Vervain Verbena urticifolia **Beautyberry** Callicarpa americana **Basil Bergamot** Monarda clinopodia **Mountain-mint** Pycnanthemum incanum

Narrowleaf Skullcap Scutellaria integrifolia **American Lopseed** Phryma leptostachya **Princess Tree** Paulownia tomentosa Bearcorn Conopholis americana Beechdrops Epifagus virginiana **Eastern Lousewort** Pedicularis canadensis **American Holly** Ilex opaca Southern Harebell Campanula divaricata Indian-tobacco Lobelia inflata **Downy Lobelia** Lobelia puberula **Common White Snakeroot** Ageratina altissima **Common Ragweed** Ambrosia artemisiifolia **Plantain Pussytoes** Antennaria plantaginifolia **Common Burdock** Arctium minus Pale Indian-plantain Arnoglossum atriplicifolium Green-and-gold Chrvsogonum virginianum Woodland Coreopsis Coreopsis major Leafy Elephant's-foot Elephantopus carolinianus **Common Elephant's-foot** Elephantopus tomentosus **Annual Fleabane** Erigeron annuus **Robin's-plantain** Erigeron pulchellus pulchellus **Common Rough Fleabane** Erigeron strigosus strigosus **Common Dog-fennel** Eupatorium capillifolium **Common Roundleaf Eupatorium** Eupatorium rotundifolium Late Eupatorium Eupatorium serotinum Hollow-stem Joe-pye-weed Eutrochium fistulosum Purple-node Joe-pye-weed Eutrochium purpureum purpureum Woodland Sunflower Helianthus divaricatus **Small-headed Sunflower** Helianthus microcephalus **Beaked Hawkweed** Hieracium gronovii **Oxeye Daisy** Leucanthemum vulgare

Memminger's Ragwort Packera x memmingeri **Common Wild Quinine** Parthenium integrifolium integrifolium Fragrant Rabbit-tobacco Pseudognaphalium obtusifolium **Black-eved Susan** Rudbeckia hirta **Cutleaf Coneflower** Rudbeckia laciniata **Toothed White-topped Aster** Sericocarpus asteroides Rosinweed Silphium compositum Rosinweed Silphium dentatum Bearsfoot Smallanthus uvedalia Silverrod Solidago bicolor **Eastern Gray Goldenrod** Solidago nemoralis nemoralis **Licorice Goldenrod** Solidago odora White Arrowleaf Aster Symphyotrichum urophyllum Southern Crownbeard Verbesina occidentalis **Appalachian Ironweed** Vernonia glauca **New York Ironweed** Vernonia noveboracensis Lion's-foot Nabalus serpentaria **Rattlesnake-root** Nabalus sp. **Common Elderberry** Sambucus canadensis Mapleleaf Viburnum Viburnum acerifolium Southern Black Haw Viburnum rufidulum **Devil's-walking-stick** Aralia spinosa American Lovage Ligusticum canadense Sanicle Sanicula canadensis **Ochre Jelly Club** Leotia lubrica Yellow Stagshorn Calocera sp. Ashen Coral * Tremellodendropsis tuberosa **Golden Chanterelle** Cantharellus cibarius **Cinnabar-red Chanterelle** Cantharellus cinnabarinus **Smooth Chanterelle** Cantharellus lateritius

Vase Fiber-fan Thelephora vialis

Woolly-toothed Mushroom * Phellodon tomentosus **Tinder Polypore** Fomes fomentarius **Red-belted Polypore** Fomitopsis ochracea complex Turkev-tail Trametes versicolor Violet-toothed Polypore Trichaptum biformis False Turkey-tail Stereum ostrea Shaggy-stalked Bolete Heimioporus betula **Pale Violet Bitter Bolete** * Tylopilus violatinctus Indigo Milky Lactarius indigo **Stalked Puffball-in-aspic** Calostoma cinnabarinum Lattice Puffball * Calostoma lutescens

FAUNA

Grand Globe Mesodon normalis **Crab-shaped Spiny-back** Gasteracantha cancriformis Spiny-backed Spider Micrathena gracilis **Bee Assassin Bug** Apiomerus crassipes **Red Imported Fire Ant** Solenopsis invicta Silky Ant Formica subsericea **European Hornet** Vespa crabro germana Eastern Yellowjacket Vespula maculifrons Honey Bee Apis mellifera Yellowjacket Hoverfly Milesia virginiensis **Dung Beetle** Onthophagus hecate **Scarab Beetle** Macrodactylus subspinosus **Darkling Beetle** * Haplandrus fulvipes **Eastern Tiger Swallowtail** Pterourus glaucus **Spicebush Swallowtail** Pterourus troilus Monarch Danaus plexippus

Luna Moth Actias luna **Eastern Fence Lizard** Sceloporus undulatus **Six-lined Racerunner** Aspidoscelis sexlineata **Turkey Vulture** Cathartes aura **Black Vulture** Coragyps atratus **Broad-winged Hawk** Buteo platypterus Yellow-bellied Sapsucker Sphyrapicus varius Acadian Flycatcher Empidonax virescens **Blue Jay** Cyanocitta cristata **Blue-headed Vireo** Vireo solitarius **Hooded Warbler** Setophaga citrina Northern Cardinal Cardinalis cardinalis **Chipping Sparrow** Spizella passerina **Summer Tanager** Piranga rubra Eastern Woodrat (nest) Neotoma floridana White-tailed Deer (tracks) Odocoileus virginianus